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 mayor@sslc.com

South Salt Lake City Council Members

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City Offices

Mon-Fri 8 a.m. – 5 p.m.
 801-483-6000
 220 East Morris Ave
 SSL, UT 84115

Animal Service 801-483-6024
 Building Permits 801-483-6005
 Business Licensing 801-483-6063
 Code Enforcement 801-464-6712
 Fire Administration 801-483-6043
 Justice Court 801-483-6072
 Police Admin 801-412-3606
 Promise 801-483-6057
 Public Works 801-483-6045
 Recreation 801-412-3217
 Utility Billing 801-483-6074
 Emergencies 911
 Police/Fire Dispatch 801-840-4000

Working Together. Making a Difference.



Mayor Cherie Wood

The last six weeks have been hard – hard on families, hard on businesses, hard on our healthcare providers and first responders. It is difficult to feel anchored and keep moving forward in the midst of such uncertainty. Knowing that we are all in this together has been a source of strength for me. We have faced challenges and crises before and our community has persevered, adapted and come out stronger.

Since the Governor issued a statewide directive and the Salt Lake County Health Department issued the “Stay Safe, Stay Home” order in late March our daily lives have changed significantly. One thing that has not changed is my commitment to residents and businesses. Our entire community’s well-being is my top priority. Thankfully, we have built up our experience and partnerships around health in the last decade. We have a good grasp on our community health challenges and were reasonably prepared for this newest one.

The Promise South Salt Lake Health Council has been a strong force for improving community health since it formed nearly ten years ago. This group of city employees and key partners, including Salt Lake County Health, Maliheh Clinic and many others, have made a difference in several key areas:

- Helping enroll individuals in healthcare programs, including Medicare/Medicaid, CHIP, and new options from the Affordable Care Act and helping them access low-cost clinics
- Tackling the issue of mental health, including suicide prevention, mental health first aid, and destigmatizing this subject
- Advocating for physical health by supporting new parks and trails, bike programs, and new recreation options
- Making the link between safety and health by working closely with our Safety Coalition to find ways to reduce preventable injuries and fatalities

What does this have to do with our current health crisis? It means that our city staff are thinking about health every day and applying their skills to the current challenge. We are reminding families, neighbors and businesses to make their health a priority and are connecting them to resources. Even though some of our regular support programs are temporarily remote or on hold, we are finding new ways to support and help everyone find the resources they need to get through this hard time.

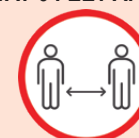
The health of our residents, our first responders and our businesses are all key to maintaining the strength of our City. Our community has done well with following social distancing guidelines and I thank you. Please continue following the health directives and orders so we can reduce infection rates and maintain a healthy community.

A final reminder, if you need support, we are here to help. The city’s website: sslc.com has a Coronavirus Resources section and contacts for city staff who can assist. I also recommend visiting coronavirus.utah.gov, which can point you to how to stay safe and info on testing and treatment.

DURING THE MONTH OF MAY IF LEAVING YOUR HOME CONTINUE TO:

WEAR A MASK

STAY 6 FEET APART



COVID-19 Resources

Testing and Treatment: Call 1-800- 456-7707 or visit coronavirus.utah.gov

SENIOR PROGRAMS – Sign up for meal delivery or pickup 385-468-3340.

YOUTH PROGRAMS:

- Grab and Go Meals: Available Monday-Friday from 4-5:30 p.m. at the Columbus Center, 2531 S 500 E
- Promise Interim Program: Limited space in interim programs while schools are online. Contact Bonnie Owens at 801-641-0820 or bowens@sslc.com

United Way of Utah’s 2-1-1 This free, confidential service is open to everyone and connects to resources for housing, food, tax and utility assistance, mental health and transportation. Dial 2-1-1, visit 211utah.org or download the 211Utah app.

An **Emotional Health Relief Hotline** has been setup for anyone experiencing emotional distress related to COVID-19. A free service, by Intermountain Healthcare call 833-442-2211.

Our area businesses are the backbone of our economy, but many have had to temporarily change the way they operate. We have compiled a list of resources, see page 4 of this section.

Salt Lake County Amended Health Order + Utah Leads Together 2.0

Reopening #SLCoTogether



CHANGES TO GATHERINGS
 The 10-person limit to gatherings has been increased to 20.



WEAR A FACE COVERING
 They are essential to wear for everyone in public. Don't have one? Visit coronavirus.utah.gov/mask. #Utahmask



4 KEY INDUSTRIES THAT CAN REOPEN*
 • Dine-in at Restaurants & Food Services
 • Personal Services
 • Gyms & Fitness
 • Sports & Entertainment



PRACTICE SOCIAL DISTANCING IN ALL SITUATIONS
 If you are a consumer, your actions are key to success. Be responsible. Be vigilant.

*Specific details for each industry to follow with order during the “moderate risk” phase are available at slc.org/together

Proceed with Caution During Moderate-Risk Phase



SSL City Council Meetings

The Council has been holding Zoom Online Meetings, visit sslc.com for info.

220 E. Morris Ave., 2nd Floor

Wednesday, May 13, 7 p.m.

Wednesday, May 27, 7 p.m.

SSL City Planning Commission Meetings

220 E. Morris Ave., 2nd Floor

Thursday, May 7, 7 p.m.

Thursday, May 21, 7 p.m.

NOTICE: All meetings are subject to cancellation. Check sslc.com for updates.



Boxed , Bundled & Bagged Pickup

Citywide bulky waste cleanup is a convenient way for residents to keep their homes and yards clean and tidy. Curbside pickup will be provided for approved items that are boxed, bundled or bagged. This pickup will take place the **first two full weeks of May**. A Notice will be sent to you with your pickup date. Properly prepared items must be placed on the curb by 6:30 a.m. on the scheduled collection day. All items must be cut or broken down to a five-foot length or smaller and must not weigh more than 75 pounds. Do not park a car in front of you pile. Please do not obstruct the sidewalk, gutter, water meter, storm drain inlets or traffic with you items.

ACCEPTABLE items include yard waste, certain appliances, furniture, carpet and mattresses.

PROHIBITED items include oil, batteries, paint, tires, construction or demolition debris, car parts, grass clippings, everyday household garbage and hazardous materials – including Freon found in some old refrigerators and cooling appliances.

Public Works can assist with any questions 801-483-6045. If you suspect illegal dumping please call SSL PD at 801-840-4000

City Council Corner – Mental Health Awareness

By LeAnne Huff
City Council District 1

May is Mental Health Awareness Month, and there is no better time to talk about mental health than during this unprecedented time of the COVID-19 crisis, coupled with the earthquakes we have been experiencing. We have “Stay Safe, Stay Home” directives for social distancing measures to decrease the spread of the Coronavirus. This, in addition to not knowing how this overall crisis is going to affect us, has created feelings of fear and anxiety on a collective level. Disasters such as COVID-19 have an impact on everyone emotionally and psychologically, including the tremendous strain that it puts on families. It is important to remember that everyone reacts differently to stressful situations depending on one's background, experiences, and support systems. Individuals who may react more strongly include older people with chronic health issues who are at higher risk for severe illness from COVID-19, children and teens, essential employees who are on the frontlines, and people with disabilities, mental health conditions or those who struggle with substance misuse. The good news is that there are things you can do to manage your stress and mental health.

The foundation of mental wellness includes getting restful sleep, eating healthy, and making time for regular exercise. While these are traditional habits to manage stress, they are not always possible. Here are some daily tips to manage emotions and improve your mental health:

- Label your emotion in the moment: Sad, Anxious, Angry, Helpless, etc. This puts space between you and the emotion.
- Schedule a daily 5 minute worry session (schedule it daily, fully indulge, and then let it go). You can share it with someone you feel safe with or just vent on your own.
- Create a daily gratitude list. Think of at least two things you are grateful for and consider sharing it with someone.
- Spend time in nature, go for a walk, get some fresh air, move!
- Try to manage negative thinking by reframing your negative thoughts to something more positive.
- Seek social support from family members and/or friends, and maintain social connections while practicing safe social distancing.
- Be sure to take breaks from watching, reading, or listening to news stories, including social media – overexposure can increase stress.

Obtaining and sharing accurate information on COVID-19 is essential to reducing stress, worry and improving communication and connections individually and within the community. You can receive accurate information at [Coronavirus.utah.gov](https://coronavirus.utah.gov).

I encourage you to get outside and stay connected with your friends and family, while maintaining physical distance. The Utah Division of Substance Abuse and Mental Health within the Department of Human Services is offering a 60-day free trial of the MyStrength app, a personalized mental health wellness app. It is a great tool to help us all manage our mental health during these challenging times. For free access, use access code: udhsguest33. Stay safe and healthy!

South Salt Lake City Council Action Report Summary

Full agendas, minutes, handouts and video recorded meetings available at: sslc.com/city-government/council-meeting

Date	Agenda Item	Subject	Action	Next Step
3/23/20	Resolution supporting the Mayor's declaration of local emergency	A Resolution supporting the Mayor's Declaration of a Local Emergency, appointing the Emergency Manager and Approving the Emergency Management Plan for the City of South Salt Lake	Approved	No Further Action
4/8/20	Resolution authorizing extension of declaration of local emergency	A Resolution of the South Salt Lake City Council authorizing an Extension of the Mayor's March 18, 2020 Declaration of Local Emergency	Approved	No Further Action
4/8/20	An Ordinance to provide for civil enforcement of State and Local declaration of emergency	An Ordinance of the City of South Salt Lake City Council repealing Chapter 2.04.40 of the South Salt Lake City Code, creating Chapter 2.05 of the South Salt Lake City Code, and Amending Chapter 3.11.050 of the South Salt Lake City Code, to Provide for Civil Enforcement of State and Local Declarations of Emergency or Subsequent orders, directives, rules, or regulations related to the Emergency	Approved	No Further Action

Sewer Rate Increase

South Salt Lake will be raising the sewer utility rate, effective July 1, 2020. This increase will impact all residents living north of Millcreek.

The rate increase comes as a result of a \$210 million upgrade project taking place at the Central Valley Water Reclamation Facility (CVWRF). These upgrades will keep CVWRF in compliance with federal EPA regulations aimed at lowering the phosphorus levels in recycled wastewater.

Phosphorus is responsible for stimulating algae growth in surrounding waterways – in our case, the Jordan River – which can lead to shifts in the oxygen content of the water. Any significant shifts in oxygen levels can, in turn, cause major disruptions in the ecological balance of a waterway.

The City has secured a Hardship Grant for \$2 million, along with a 0%-interest loan for the remaining \$9,248,000 needed to cover our portion of the cost of this project.

Sewer fees will increase by \$2.00 per 1,000 gallons of winter water use. For the average household, this will come to an extra \$8-\$10 per month. This fee increase enables the City to make scheduled payments on the 0% interest loan, which will fulfill our portion of the CVWRF upgrades.

PLEASE DO NOT FLUSH: Flushable Wipes

Despite their name, flushable wipes ARE NOT FLUSHABLE, nor are any other types of wipes. They do not break down in the sewer system. They can cause problems in your service line to the street, the main line and at the treatment plant. They are also a magnet for other waste and debris, creating buildup and blockages that can back your sewer up.



Public Safety During a Pandemic

Public Safety is paramount during any incident or emergency. We plan and train year round for events in our community. While none of us anticipated a pandemic, we knew an event of this magnitude was a possibility. We have quickly activated our incident action plan and are addressing each challenge and task as it arises. As one of our Unified Commanders, I coordinate with the Mayor and Fire Chief to ensure the needs of our community are met.

In order to continue the efforts of flattening the curve of the COVID-19 virus, we must take proactive steps. Wash hands for at least 20 seconds with soap and water, or use >60% alcohol-based hand sanitizer. When going out for ESSENTIAL ONLY purposes, it is recommended to cover your nose and mouth with

a mask, scarf or other protective measure.

The public health concern of COVID-19 has adjusted our planning, response and support to our residents and businesses. While you are practicing "Stay-Safe, Stay-

Home," South Salt Lake Officers are here to respond to calls for service to protect and serve our great community.

As we respond to calls for service, we are taking the necessary precautions to provide the best possible engagement, while still following six-foot physical distancing. The community's welfare along with our officers' health is the priority. Following safe practices during this critical time will enhance the quality of services provided.

At the time of publication, the public safety building lobby is closed to the public. If you need to pick up property or require records assistance call 801-412-3600. If you are legally required to register or need to make an appointment call 801-412-3600 option #2. Appointments are scheduled between 9:00 a.m. - 1:00 p.m. Dial 9-1-1 for emergencies or dispatch at 801-840-4000 for non-emergencies.

This is a rapidly changing situation and we are committed to providing the best possible service. I am open to your feedback and encourage you to reach out if you have a concern or need. Be Safe and Stay Healthy!



**Police Chief
Jack Carruth**



SSL Emergency Operations – Keeping you Healthy and Safe

The coronavirus and the illness it causes, COVID-19, is a constant subject we are all inundated with. The effects of this virus have changed the way we live and interact with others. We've seen closures of schools, cancellation of events and social distancing is the new normal. How we adjust to this new normal is certainly up to each of us, but I strongly encourage you to abide by all directives and orders.

The main issue with this new virus is that it's poorly understood in regards to how it can be prevented, how persistent the microbes are and how long it will take to develop a thoroughly tested and effective vaccine. The seriousness of this illness is significant in terms of the mortality rate and our economy as a whole.

How does a pandemic spread? Think of the wheat and chessboard story. The inventor of the game of chess was offered a reward by the king: grains of wheat. The inventor suggested that the king place one grain of wheat on the first square of the chessboard and then double that amount for each successive square. The king laughed at what he thought would be a paltry reward for such a satisfying game. However, when it was all said and done, the inventor owned the entire kingdom's wheat for many years. Here's how it works. With 64 squares on a chessboard, if the number of grain doubles on each successive square, the sum of grains on all 64 squares grows quickly: 1+2+4+8+... and so forth for the 64 squares. The total number of grains equals 18,446,744,073,709,551,615. That's a whole lot of bread! Pandemics have a similar geometric progression potential. If someone exposes just two others to the illness and they contract it and subsequently expose others, you can see how quickly it spreads. Doing our part to maintain social distancing will help us interrupt that progression.

So what can we do to reduce our exposure? For one, follow all Federal, State, and Local recommended health guidelines,

practice social distancing, wear a mask in public, wash your hands frequently, and avoid touching your face.

Be assured, the City of South Salt Lake continues to provide essential functions even though our daily routines have been disrupted. We have continuity of operations plans for all departments during this declared emergency. City staff have activated our virtual Emergency Operations Center and have been continually developing Incident Action Plans (IAP) designed to:

- Minimize loss of life, injury, and property damage
- Mitigate the duration, severity, or pervasiveness of disruptions that occur
- Achieve the timely and orderly resumption of essential functions and the return to normal operations
- Protect essential facilities, equipment, records, and assets
- Meet South Salt Lake's operational requirements and sustainment needs
- Ensure the continuous performance of essential functions and operations
- Provide an integrated and coordinated continuity framework for the City

Taking these proactive steps will strengthen our community's resilience and help us accommodate and recover from the COVID-19 pandemic. We WILL get through this together!



**Fire Chief
Terry Addison**



**Emergency
Preparedness**



Preparedness Tip #5: Plan for Pets

Due to health regulations, most emergency shelters cannot house animals. Find out in advance how to care for your pets and working animals when disaster strikes. Pets could be taken to a veterinary office, family member's home or animal shelter during an emergency. Also be sure to store extra food and water for pets. For more information, visit the Animal Safety section at www.redcross.org or visit the Humane Society at www.hsus.org.

Beautiful Yard Award



Nominate a South Salt Lake Beautiful Yard

Mayor Cherie Wood's Beautiful Yard Award thanks SSL residents who have made exceptional efforts that positively impact their neighborhood. Beautiful yards make neighborhoods more attractive and vibrant. It's easy to nominate, please take a moment to contact the Urban Livability Department at 801-464-6712 or vlelo@ssl.com to recognize a deserving yard.

**CONGRATULATIONS to the
Wiley family! Thank you
for your commitment to a
Beautiful Yard!**



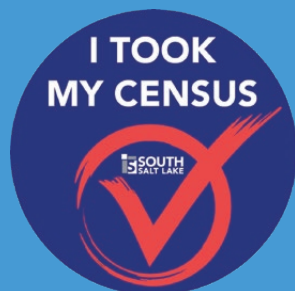
Columbus Senior Center

At the time of printing:

All in person activities at the County Senior Center have been suspended.

Find updates on Facebook: Columbus Senior Center
sslc.com or call 385-468-3340

Have you completed your Census survey?



The Census collects basic information on all people in the United States. Census data is used to determine where billions of dollars are invested.

Each household submits 1 survey. Your survey should include everyone living with you on April 1st.

You Matter! Be Counted! Represent SSL!

Take your survey online today at: my2020census.gov

GETTING OUTSIDE Walking, Biking & Hiking In & Near SSL

Parley's Trail

Millcreek Trail

Fitts Park walking path

Sugar House Park

Hidden Hollow

Memorial Grove Park and Trail

Red Butte Canyon Trail

Ensign Peak Hiking Trail

Jordan River Parkway Trail

State Capital walking path

Coronavirus Recovery Resources



GENERAL OVERVIEW AND STATE DIRECTIVE

Utah Gov. Gary Herbert issued a directive on March 27 requesting that all Utahns "stay safe and stay home." This directive, as well as a Public Health Order by Salt Lake County, specifically call on Utahns across the state to continue taking important precautions such as social distancing, staying home as much as possible, and limiting travel and some business operations. View [the full directive here](#) and the [Salt Lake County order here](#). South Salt Lake City encourages all residents and businesses to follow the governor's directive and public health order.

We also recognize that efforts to stop the coronavirus pandemic have created unprecedented challenges for many local businesses. To help, we have compiled a list of resources. A condensed, easy-to-read summary of many of the [resources also is available from the State of Utah](#). These resources are constantly changing as new information about the coronavirus is received. The City of South Salt Lake will work to update them and provide new ones as they are made publicly available. [See www.sslc.com](https://www.sslc.com).

RESPONSIBILITIES AS A BUSINESS OWNER OR EMPLOYER?

Congress has passed the [Families First Coronavirus Response Act](#) or FFCRA. This new piece of legislation provides for paid leave for employees as well as other important benefits for children and families of those affected by the coronavirus.

- FFCRA requires employers to provide paid sick leave or expanded family and medical leave for reasons related to coronavirus. The U.S. Department of Labor (DOL) has provided a summary of these [Employer Paid Leave Requirements](#) as well as other [questions](#) related to FFCRA.
- Employers are required to hang a [poster](#) regarding the rights of employees under the FFCRA.

CONTACT US

South Salt Lake City Community Development

- Alexandra White, Director, 801-483-6011. awhite@sslc.com
- General Office, 801-483-6063.

FINANCIAL RESOURCES, LOANS AVAILABLE TO BUSINESSES



CARES ACT – Congress recently passed the Coronavirus Aid, Relief, and Economic Security (CARES) Act. CARES allocated \$350 billion to help small businesses keep their employees by providing 100% federally guaranteed loans to small businesses. In some instances, these loans may be forgiven. Congress has provided a [checklist](#) to help you navigate these loans. See also [What the CARES ACT means for Utah](#).



SBA LOANS – The U.S. Small Business Administration is providing loans for small businesses. These loans provide capital of up to \$2 million at low interest rates and with payback terms of up to 30 years. Businesses can find additional information for these loans [HERE](#) and can apply for these loans [HERE](#).



UTAH LEADS TOGETHER BRIDGE LOANS – Businesses with 50 or fewer employees can [apply to receive loans](#) of \$5,000 to \$25,000 with 0% interest for a 60-month period. The state has repurposed \$8 million in state economic development funds to provide the loans. Additionally, the Utah Department of Workforce Services has contributed \$500,000 to the program. Loan payments will not be required for the first 12 months, and loans cannot exceed three months of demonstrated operating expenses.



IRS TAX RELIEF – The Internal Revenue Service (IRS) is deferring tax day for businesses and individuals until July 15, 2020. For more information about the deferral, please see the following [Notice](#) of the IRS [Questions and Answers](#).



BUSINESS RELIEF HOTLINE – Salt Lake County-based businesses can call 1-385-468-4011 to access immediate resource guidance and ask questions. Phone lines are staffed Monday through Friday, 8 a.m. to 8 p.m.

NON-FINANCIAL RESOURCES FOR BUSINESSES

1

CDC GUIDANCE – The Center for Disease Control (CDC) has provided [guidance for businesses and employers to plan and respond to coronavirus](#).

2

UTAH SBDC – The Utah Small Business Development Centers (SBDC) has compiled a [list of tips](#) to weather the coronavirus storm.

3

DWS – Utah Department of Workforce Services (DWS) has [information](#) for employers and employees regarding unemployment, temporary layoffs, recruitment and other workplace related topics.

4

UAA – The Utah Apartment Association (UAA) has created some [resources](#) for tenants and landlords (including management companies) who are affected by coronavirus.

5

WCF – Employers who have purchased policies through Worker's Compensation Fund (WCF) may need [guidance](#) navigating payments or claims.

6

U.S. DOL – The Department of Labor (DOL) has prepared a number of [resources for workers and employers](#) to navigate the complexities of coronavirus.

Prepared by the Law Offices of Cowdell & Woolley, P.C.

PRINT READERS VISIT: [SSLC.COM](https://sslc.com) FOR CLICKABLE LINKS AND ADDITIONAL INFORMATION.

Community Happenings



South Salt Lake Recreation Presents:

Adult/Coed Softball

5x5x5 Format*

Cost: \$100 per team / Must register as full team

WHO: Men and Women 18 years and older

5 players on the field

Max Roster Size Per Game – 7

(1 Female per 5 players, 2 Females if 6 or 7)

When: Monday or Wednesday Evenings from 6:00 – 9:00pm

1 Game per Week Starting June 15th – August 19th

WHERE: Central Park Ball Field, 2797 S. 200 E.

TIMES AND DATES ARE SUBJECT TO CHANGE

This is a **RECREATIONAL** League for beginners and players wanting to get active and have fun.

**DEADLINE TO REGISTER:
MAY 29TH**

SPACE IS LIMITED,
SO SIGNUP
TODAY!

MUST REGISTER AS ENTIRE TEAM AND PAY FULL AMOUNT WHEN REGISTERING

Register online at sslc.com

For more information call 801-412-3217



South Salt Lake Recreation Presents:

Summer Sport Camps

Volleyball Camp

June 8th – 12th

9:00am-11:00am

6th-12th Grades

\$10.00 - Deadline May 29th



Basketball Camp

July 13th – 17th

Grades 2-4

10:00am-11:30am

Grades 5-7

11:30am-1:00pm

\$10.00 – Deadline July 6th

First Tee Golf Camp

July 27th – August 6th

Ages 7- 17

10:00am – 11:30am

\$25 - Deadline July 17th



Register online at sslc.com

For more information call 801-412-3217

Message from Recreation Director

The Recreation Department is thinking about you during these uncertain times. Our sincere wish is for you and your families to stay safe and be healthy! We continue to follow guidelines to make the best determination when to reinstate our programs and community events. We miss seeing the residents in the community and especially youth in our sports programs.



Aaron Wiet

As we practice the stay at home directives, it is important to move and stretch whenever possible. Whether it be walking around the house, the backyard or up and down the stairs, moving and stretching is good for our physical and mental health. Also, don't forget our local parks, trails and open spaces are a great places to get out and recreate, remember to practice proper distancing of 6 feet.

I would also like to remind everyone to reach out to your neighbors and friends that may be in need of assistance. A call to say hi and check in on someone can mean a lot.

In the 14 years I have worked for the City, I have seen the resilience of our community. We are strong and we will get through this **TOGETHER**. We look forward to serving our community and being together again, stay healthy and be well!



The Mural Fest Community Celebration scheduled for May 16, 2020 has been canceled.

Mural creation will live on. We will be completing as many murals as is safe and possible this year and will celebrate their completion when the appropriate time allows. For updates visit themuralfest.com or on Instagram @themuralfest

are you Ready to Ride ?



Bike Tune Up Skills

- Pump air into a tire
- Change a tire
- Remove your wheel
- Check your brakes
- Adjust your seat
- Fix your chain

Safety Tips!

1. Wear a helmet
2. Ride single file
3. Ride in bike lanes or on a sidewalk
4. Ride in the same direction as traffic
5. Use turn signals or point the direction you are going
6. Tell someone where you are going
7. Never use a cell phone or headphones while riding

Learning to ride a bike?

Practice at the bike training course at Fitts Park!

Beware of Goatheads!



The seeds can puncture tires and tubes. Avoid riding off-trail. Remove them ASAP!



Being home and not in the classroom has been new and different for most of us. May brings the final stretch for many youth in their school year. Here are a few fun activities to pass the extra time at home.

Find 10 Differences in the two images at right > > >

i3 SOUTH SALT LAKE Scavenger Hunt

- ☐ Street that starts w/ 'M'
- ☐ Train Tracks
- ☐ White Flower
- ☐ Park Bench
- ☐ Fire Truck
- ☐ Utility Box Wrapped in Art
- ☐ Butterfly
- ☐ Police Car
- ☐ Duck
- ☐ SSL Water Tower
- ☐ Bus Stop
- ☐ Person Walking a Dog

South Salt Lake wishes to CONGRATULATE 2020 seniors!

Cut out and display the graphic at right in a window to wish them well.



MURAL COLORING PAGE

Artist: Traci O'very Covey

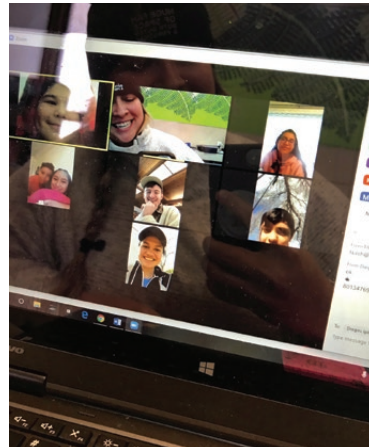
Finished Mural at:
Main St. and Burton Ave.



Promise Work Continues as Distance Learning

We all know the past few weeks have been tough on, well, everyone. Promise SSL staff serving on the Distance Engagement Team are going above and beyond to engage youth and families in new and exciting ways. One way staff have built a connection is with Zoom video check-ins. Some Promise sites host Zoom clubs such as Dungeons and Dragons and Music Ensemble Club, while others use the time to talk about homework, offer tutoring or work on projects such as coding.

YouTube is another platform Promise staff utilize to reach youth learning at home. Staff create videos on mindfulness and meditation to give youth a brain break from school work



and stress. Others put together activity kits for families to pick up and film themselves going step-by-step through the activity for kids to follow along at home.

Since distance learning is new to most, Promise has created documents outlining best practices for engagement and increasing access for families. How-to guides for sending weekly e-newsletters and using apps like Class Dojo help staff setup a plan for reaching as many youth and families as possible. As school closures extend, Promise will continue with a high standard of excellence for connecting with youth and families. Thank you to all of the members of the Distance Engagement Team!

Teen Tech Center Thrives with the Club House Model

While Best Buy offers a huge partnership in name and financial support for the Best Buy Teen Tech Center, we also proudly partner with The Clubhouse Network (TCN), based out of Boston, MA. TCN is responsible for the learning model that takes place at the Teen Tech Center (TTC) in the Columbus Center.



When you walk into the TTC, you might see a few teenagers collaborating on a project while others work independently, which is all the design of TCN, which has a vision of youth leading

with their passions and creating their own learning experiences. This year, TCN won The Presidential Award for Excellence in STEM Mentoring, which is the highest award in STEM mentoring. To say Promise SSL is proud to be putting this learning model into

practice for our youth would be an understatement.

Along with providing this learning model, TCN, similarly to Best Buy, also provides vast opportunities for professional growth for those working in tech centers and clubhouses. They provide intensive training, called Immersion Week, in Boston to three Promise employees. This training allowed staff to go with a small cohort to see the learning model in action.

Clubhouse Network also hosts an annual conference to provide professional development, present a State of the Network address, and announce the winners of the RE@CH Media Festival, in which all youth can participate. This year, due to the pandemic, TCN had to cancel their annual conference. That did not stop them from providing an opportunity to hear the State of the Network address and to watch the hilarious video of Clubhouse Network staff announcing winners for the media festival, which some SSL youth got to watch. The Clubhouse Network exemplifies a high-quality afterschool partnership, in which Promise South Salt Lake is grateful to participate!

Mental Health Month

May is Mental Health Month around the nation and we are excited to hear of the Mayor's Proclamation making it official in South Salt Lake. In order to celebrate this announcement, Promise South Salt Lake's Mental Health Coalition is highlighting #Tools2Thrive - what individuals can do daily to prioritize their mental health, build resiliency in the face of trauma and obstacles, support those who are struggling and work towards a path of recovery.

While 1 in 5 will experience a mental illness during their lifetime, everyone faces challenges that can impact mental health. The good news is there are practical tools that everyone can use to improve their mental health and increase resiliency. There are ways everyone can be supportive of friends, family and co-workers who are struggling with life's challenges. We now believe that these tools - even those that may need to be adapted for the short term because of COVID-19 and social distancing - will be more useful than ever.

One of the easiest tools anyone can use is taking a mental health screening at mhascreening.org when they need answers. It's a quick, free and private way for people to assess their mental health and recognize signs of mental health problems.

For each of us, the tools we use to keep us mentally healthy will be unique. Promise SSL wants everyone to know that mental illnesses are real, and recovery is possible. Finding what works for you may not be easy but can be achieved by gradually making small changes and building on those successes. By developing your own #Tools2Thrive, it is possible to find balance between work and play, the ups and downs of life, and physical health and mental health - and set yourself on the path to recovery.

For more information, visit: www.mhanational.org/may
Facebook: **Promise South Salt Lake**
Instagram: **promisessl**



South Salt Lake has 14 neighborhood centers serving our community.

Hser Ner Moo Community Center
2531 South 400 East (Columbus)
801-828-7245

Roosevelt Community School
3225 South 800 East
801-828-8219

Historic Scott School Center
3238 South 540 East
801-803-3632

Lincoln Community School
450 East 3700 South
801-657-0416

Utah International School
350 East Baird Circle
801-520-7175

Central Park / PAL Center
2797 South 200 East
801-386-4949

Columbus Center
2531 South 400 East
801-412-3217

Commonwealth Youth Center
2505 South State Street
801-803-3632

Woodrow Wilson School
2567 South Main Street
801-386-0589

Granite Park Jr. High
3031 South 200 East
801-440-4499

Meadowbrook Center (at SLCC)
250 West 3900 South
801-828-8219

Cottonwood High Promise
5715 South 1300 East
385-630-9748

Kearns Saint Ann Promise
430 East 2100 South
385-630-9754

Moss Elementary
4399 South 500 East
385-258-6360